AOTrauma Course—Foot & Ankle trauma

November 9-10, 2018,   Tomsk, Russia

Friday, November 9, 2018

TIME	AGENDA ITEM
08:50–09:00	Welcome and introduction
Module 1	**Pilon and Ankle fractures**
	Introductory case
	Anatomy and Approaches, distal tibia
	Relevant aspects of ankle anatomy and pathomechanics
	Case – based presentation – problems and pitfalls in management of Pilon fractures
	Case – based presentation – problems and pitfalls in management of ankle fractures
	Anatomical specimen laboratory
	When and how to fix syndesmosis?
	When and how to fix fractured posterior malleolus?
	Case – based presentation – revision surgery after failed fixation of ankle fractures
	Discussion group **Pilon and Ankle fractures**
Module 2	**Hind foot trauma – talus and calcaneus**
	Talar neck and body fractures

	Calcaneal fractures – different fractures – different approaches?
	Calcaneal fractures – less invasive fixation
	Discussion group **Hindfoot fractures**
	Plenary case discussion – talar fractures – managing malunions, nonunion, avascular necrosis
	Plenary case discussion – calcaneal fractures – managing complications
	Anatomical specimen laboratory

Saturday, November 10, 2018

TIME	AGENDA ITEM
Module 3	**Midfoot trauma**
	Introductory case – midfoot fracture dislocation
	Relevant aspects of midfoot anatomy and pathomechanics
	Peritalar dislocations and peripheral talar fractures
	Chopart fractures and fracture dislocation
	Lisfrank fractures and fracture dislocation
	Discussion group **Midfoot fracture dislocations**
Module 4	**Complex foot trauma and reconstruction**
	Introductory case – complex foot trauma
	Management of the foot fractures with severe soft-tissue trauma
	Is salvage of the mangled foot always the best solution?

	Plenary case discussion – complex foot trauma – focus on salvage versus amputation and management of soft – tissue defect
	Discussion group **Midfoot fracture dislocations**
	Anatomical specimen laboratory
	Final discussion
	Summary, evaluation, and take-home messages