

18th ESSKA Congress

9 – 12 May 2018

Glasgow, UK



PRELIMINARY PROGRAMME

www.esska-congress.org

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ACKNOWLEDGEMENTS

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WELCOME



Join us to enjoy the unique atmosphere that ESSKA will bring to Glasgow. We look forward to welcoming you all to the historical environment in Scotland for the ESSKA biennial Congress, 9-12 May 2018. Don't miss this great opportunity!

JÓN KARLSSON
(CONGRESS PRESIDENT)



We look forward to welcoming you to ESSKA's 18th biennial Congress that will take place in the vibrant and fascinating City of Glasgow. This intriguing City, steeped in history and academic greatness, is the perfect backdrop for our Congress that will bring together leaders in our field, gather together old friends and new and will be the perfect opportunity to immerse ourselves in top quality science!

ROMAIN SEIL
(ESSKA PRESIDENT)



The international scientific committee and ESSKA's Sections have compiled a high-class and ambitious programme, covering all aspects of degenerative joint diseases and sports medicine. A core part of the programme are the Highlight Lectures, Instructional Course Lectures, Symposia, Debates and International Case Based Forum by the Affiliated Societies.

GINO M. KERKHOFFS
(SCIENTIFIC CHAIRMAN)



This is a unique opportunity to gather together with likeminded friends to experience a tremendous scientific and cultural exchange. All the key specialist societies will be represented with up to date programmes to share the latest information, and to highlight the direction of travel in many subspecialties. The ESSKA meeting is the best opportunity to take a deep dive into the current state of our profession and to get a clear view of future developments.

FARES S. HADDAD
(SCIENTIFIC CHAIRMAN)



A fantastic chance to meet with your colleagues and to share knowledge and experiences. An outstanding faculty will cover all current hot topics in the Highlight Lectures. All ESSKA Sections (EKA, ESMA, ESA, AFAS) will be present with Instructional Course Lectures, Symposia and Surgical Demonstrations. Do not miss the opportunity to participate in this world class Congress!

MICHAEL T. HIRSCHMAN
(SCIENTIFIC CHAIRMAN)



SCIENTIFIC PROGRAMME OVERVIEW

HIGHLIGHT LECTURES



Robert John Bartlett (Australia), **Ejnar Eriksson Lecture**

Knee arthroplasty – the natural history of enthusiasm



Jan Ekstrand (Sweden)

Football injuries and their prevention –
shifting paradigms over 40 years of service



Roger Emery (UK)

Is there still a place for resurfacing arthroplasty of the shoulder in 2018?



Lars Engebretsen (Norway)

From surgery to prevention: A sports medicine career in ESSKA and IOC



Philip Lobenhoffer (Germany)

Osteotomy around the knee – what is proven, what is new in indications
and techniques?



Marc Raymond Safran (USA)

Hip arthroscopy – Myth or Reality?



Fares S. Haddad (UK), Frank-Horan-Lecture

Sports Surgery in 2018: Harnessing the Evidence



Presidential Lecture by Romain Seil (Luxembourg)

Why ESSKA?





PRESIDENTIAL GUEST LECTURE

ESSKA is pleased to announce the Presidential Guest Lecture of Judy Murray, who will speak about „Motivation to reach the top, how to do it and the journey along the way“. We cordially invite all Congress delegates to attend this lecture on Wednesday, 9 May 2018, 18:30-19:00 h.

Judy Murray OBE is a former Scottish international tennis player with 64 national titles to her name. She became Scottish National Coach in 1995, the same year that she became the first woman to pass the Lawn Tennis Association’s Performance Coach Award. In 2011 Judy was appointed Captain of the British Fed Cup Team and used this role to grow the profile and numbers in women’s tennis across players and coaches.

PRELIMINARY SCHEDULE

Time	7 May 2018 Monday	8 May 2018 Tuesday	9 May 2018 Wednesday	10 May 2018 Thursday	11 May 2018 Friday	12 May 2018 Saturday	
07:30h - 09:00h				ICL	ICL	ICL	
09:00h - 12:00h	Surgical Pre-Course Shoulder Arthroscopy	Surgical Pre-Course Knee Arthroscopy	Morning sessions	Morning sessions	Morning sessions	Morning sessions	
12:00h - 14:00h			Lunch break, lunch symposia, industrial exhibition				Adjourn
14:00h - 18:00h			Afternoon sessions	Afternoon sessions	Afternoon sessions		
Evening			Welcome Reception		ESSKA Dinner & Party		

Please consult the website www.esska-congress.org for programme details, specific sessions, presentations and speakers.



INSTRUCTIONAL COURSE LECTURES (ICL)

The programme will offer 26 ICL in total, on Thursday, Friday, and Saturday, first sessions of the morning. Please select your ICL when registering for the Congress. The ICL are included in the Congress fee. The detailed programme of each ICL is available online, please consult www.esska-congress.org, section "Programme".

Thursday, 10 May 2018, 07:30-08:50 h

- ICL01 Advances in the treatment of complex knee injuries
- ICL02 "Small" fractures below the knee: Do not miss – do not mistreat!
- ICL03 Meniscal injuries, management and outcome
- ICL04 Basic hip arthroscopy
- ICL05 Visualisation and anaesthesia in shoulder arthroscopy:
How to overcome bleeding and poor exposure
- ICL06 Fast-track in TKA surgery – where are we?
- ICL07 New insights in diagnosis and treatment of distal biceps pathology
- ICL08 Osteotomy, the surgical details you want to know
- ICL09 Clinical trials tool kit

Friday, 11 May 2018, 07:30-08:50 h

- ICL10 Return to sports after ACL injuries
- ICL11 The role of arthroscopy in ankle instability treatment
- ICL12 Meniscus cartilage combined lesions
- ICL13 Osteotomies, advanced and complex techniques
- ICL14 Decision making in anterior shoulder instability
- ICL15 Extraarticular shoulder endoscopy, a review of techniques and indications
- ICL17 Patellofemoral instability: Where are we in 2018?
- ICL18 Sports injuries in throwing athletes
- ICL25 Pros and cons of different types of TKA – when to choose what?
- ICL26 Dance orthopaedics, ballet injuries and when to do surgical treatment

Saturday, 12 May 2018, 08:30-09:50 h

- ICL16 Unicompartmental knee arthroplasty
- ICL19 Paediatric ACL injuries: Treatment and challenges
- ICL20 Return to play following achilles tendon rupture
- ICL21 Multiligament knee injuries
- ICL22 Patellofemoral instability: How to operatively stabilise the patella
- ICL23 Massive retracted rotator cuff tear – treatment options
- ICL24 Instability as reason for failure after TKA



KEYNOTES

Wednesday

Impact of global digitalisation on TKA	R. Becker (Germany)
Lateral ligament instability	M. Dalmau-Pastor (Spain)
Different morphotypes of the knee – real impact on TKA outcome	M. Hirschmann (Switzerland)
Lateral ankle ligament instability in the young athlete	J. Calder (United Kingdom)

Thursday

Arthroplasty	J. Verhaar (Netherlands)
Muscle transfer: State of the art	B. Elhassan (USA)
Treatment of meniscal lesions – current and novel concepts	S. Zaffagnini (Italy)
25 years of ACL reconstruction – lessons learned and unanswered questions	S. Bollen (United Kingdom)
Brachial plexopathy before and after shoulder surgery	
My personal experience with the meniscus	P. Beaufils (France), N. Pujol (France)
Avoiding complications in multiligament knee reconstruction	R. Marx (USA)
Triple lesion in shoulder dislocation	R. Mihelic (Croatia)
Is it the prosthesis or the circumstances which determines the outcome in TKA	M. Clarius (Germany)
Multi-ligament repair	G. Mackay (United Kingdom)
Facts about the anterolateral aspect of the knee	V. Musahl (USA)
Use of biologicals in cartilage repair, what to expect the next 5 years	Elizaveta Kon (Italy)
Why do TKA fail today?	Antonia Chen (USA)
The art and science of return to sport after ACL injury	Clare Ardern (Qatar)
Use and interpretation of IKDC subjective knee form	J. Irrgang (USA)
Kinematic alignment	S. Howell (USA)

Friday

MPFL- R is this enough to treat patellar instability?	Elvire Servien (France)
Arthroscopic Trochleaplasty	M. Strauss (Norway)
What did I learn after 20 years of trochleaplasty?	P. Neyret (France)
ACL Surgery – One step forward, two steps back ...	W. Leach (United Kingdom)

LIVE SURGICAL DEMONSTRATIONS

Highlights within the scientific programme – the live surgical demonstrations, organised by ESSKA's Sections. For details please consult the website.



Friday, 11 May 2018
15:00 – 15:45



Thursday, 10 May 2018
10:45 – 11:45



Thursday, 10 May 2018
14:15 – 15:15

SYMPOSIA

SYMPOSIA WITH PARTNER SOCIETIES

The IOC: Prevention of injuries in Olympic athletes

APKASS/ESSKA

SLARD/ESSKA

ISAKOS/ESSKA

AOSSM/ESSKA

ICRS/ESSKA: Use of biologics for OA

EHF-ESSKA-ESMA: Handball injuries

SYMPOSIA OF UK SOCIETIES

BASK: Evidence based knee practice

BHS: Return to sport after hip arthroplasty surgery: What is reasonable in 2018?

BOFAS: Ankle fractures in Sportspersons – Evidence and best practice

BOSTAA: Knee multi-ligament injuries

BOSTAA: Sports trauma management in Great Britain

ISEH: Rotator interval dysfunction: Science and practice

NCSEM: Perspective on optimal care pathways

SCOT: New technologies in osteoarthritis of the knee

SYMPOSIA OF ESSKA'S SECTIONS

AFAS: Osteotomies around the ankle: Indications and technique

AFAS: State of the Art in peroneus tendon pathology

AFAS Ankle Instability Group: Early results in arthroscopic treatment of lateral ligament instability

EKA: Tibial rotation in TKA – state of the art

EKA: Planning of TKA

EKA: Custom made arthroplasty, where are we?

EKA: The failed TKA – an interactive case based approach

EKA: Learning from failure: Retrieval analysis of contemporary knee designs

EKA: Management of TKA patients in different countries – dos and don'ts

EKA: Smaller knee implants – when should they be used?

ESA: Instability out of range (children, elderly)

ESA: Revision rotator cuff repair

ESMA: Return to play in Football

ESMA: ACL injury – Rehabilitation and return to sport: Does sport specificity matter?

ESMA: Holistic approach to health and safety in rugby

ESMA: The management of the retiring professional footballer

ESMA Tennis injuries



SYMPOSIA

UPPER EXTREMITY

Shoulder instability in the athlete – From traumatic instability to atraumatic microinstability

Massive Cuff tears revisited – biomechanics or biology? Just the evidence matters

AC Joint – Modern fixation techniques of the AC joint

The stiff elbow

From acute simple to chronic stiff and unstable elbow

LOWER EXTREMITY

Knee OA: Cut or not to cut?

Wearable devices in sports medicine focused on ACL rehabilitation

Meniscal repair – Outcomes in 2018

Optimised patient care in TKA

Anterolateral instability of the knee

Meniscal root tears

Femoral rotation in TKA – state of the art

Return to sport after ACL reconstruction

Under 45: New trends in ACL reconstruction techniques

Complications management in ACL reconstruction

Complex combined treatment of the knee

Patellofemoral pain: A multi-dimensional problem?

Techniques in Advanced Hip Arthroscopy

Extreme conservative hip surgery: Off piste

Basic science and imaging in advanced hip arthroscopy

ESSKA/ISCRA: International consensus on Primary Talar Osteochondral lesion

ESSKA/ISCRA: Failed primary Talar Osteochondral treatment

OTHER

Protection equipment for injury prevention and return to play in competitive sports

Infiltrations in sports injuries



ORTHOPAEDIC SPORTS MEDICINE REVIEW COURSE

Thursday, 10 May 2018

Chairmen: Mustafa Karahan (Turkey), Martin Lind (Denmark)

Morning 08:00-12:30: Upper extremity, head and spine

Afternoon 14:00-18:00: Lower extremity, overuse injuries

Start	End		
08:00	08:10	Introduction	Martin Lind (Denmark)
08:10	08:40	Shoulder Instability	Mustafa Karahan (Turkey)
08:40	08:50	2 Case presentations	
08:50	09:20	Shoulder (cuff, cartilage, tendons)	Giuseppe Milano (Italy)
09:20	09:35	3 Case presentations	
09:35	10:05	Elbow	Denise Eygendaal (The Netherlands)
10:05	10:15	2 Case presentations	
10:15	10:35	Coffee Break	
10:35	11:05	Forearm, wrist, hand	Michael Iosifidis (Greece)
11:05	11:15	2 Case presentations	
11:15	11:35	Upper Extremity Nerve Entrapment	Berte Boe (Norway)
11:35	11:45	2 Case presentations	
11:45	12:05	Spine	Adad Baranto (Sweden)
12:05	12:10	1 Case presentation	
12:10	12:25	Head Injury	Mike Carmont (UK)
12:25	12:30	1 Case presentation	
12:30	14:00	Lunch break	
14:00	14:30	Hip and groin	Per Hölmich (Denmark)
14:30	14:40	2 Case presentations	
14:40	15:10	Knee (Meniscus/Cartilage/Patella)	Petri Sillanpää (Finland)
15:10	15:25	3 Case presentations	
15:25	15:55	Knee (Ligaments)	Martin Lind (Denmark)
15:55	16:05	2 Case presentations	
16:05	16:25	Coffee break	
16:25	16:55	Foot and Ankle	C. Niek van Dijk (The Netherlands)
16:55	17:05	2 Case presentations	
17:05	17:25	Muscle injuries	Hélder Pereira (Portugal)
17:25	17:30	1 Case presentation	
17:30	17:50	Tendinopathies	Sebastian Kopf (Germany)
17:50	17:55	1 Case presentation	
17:55	18:00	Closure	Martin Lind (Denmark)

Information on registration

Course participation is only possible in connection with the participation in the Congress. Please register for this course when you register for the Congress. The course fee is EUR 195 (in addition to the individual Congress fee) and includes one copy of the 2018-ICL-Book.

The number of participants is limited.



INTERNATIONAL CASE FORUM OF ESSKA'S AFFILIATED SOCIETIES

Wednesday, 9 May 2018

Shoulder instability – complex presentations and their solutions. A case based discussion

BOSTAA – British Orthopaedic Sports Trauma & Arthroscopy Association

CSSTA – Croatian Society for Sports Traumatology and Arthroscopy

LASTA – Lithuania Arthroscopy and Sports Traumatology Association

MAT – Hungarian Arthroscopy Association

SFTS – French Society of Sports Traumatology

Patellar dislocation – which operation and when. A case based discussion

BAKAST – Belarusian Association of Knee Surgery, Arthroscopy and Sports Traumatology

EASTS – Estonian Arthroscopy and Sports Trauma Society

Finnish Arthroscopy Association

SAKS – Danish Society for Arthroscopic Surgery and Sports Traumatology

Elbow injuries in the athlete – Cases when surgery is mandated

ASTAOR – Association of Sports Traumatology, Arthroscopists, Orthopaedic Surgeons and Rehabilitation Specialists

SFAIM – Swedish Society of Sports Medicine

SRATS – Romanian Society of Arthroscopy and Sports Trauma

TUSYAD – Turkish Society of Sports Traumatology, Arthroscopy and Knee Surgery

Paediatric ACL – When to operate and how. Illustrative case discussions

AORTA – Association of Orthopaedics, Traumatologists and Rehabilitologists of Armenia

HAA – Hellenic Association of Arthroscopy, Knee Surgery and Sports Injuries

ISKSA – Israeli Society of Knee Surgery and Arthroscopy

Norwegian Arthroscopy Association

SIA – Italian Arthroscopy Society

UASTKA – Ukrainian Association of Sport Traumatology, Knee Surgery and Arthroscopy

Sports trauma shoulder – solutions for delayed presentations. A case based discussion

BOTA – Bulgarian Orthopaedic and Trauma Association

GOTS – Society for Orthopaedic and Traumatologic Sports Medicine

MAOT – Macedonian Association of Orthopaedics and Traumatology

SES – Shoulder and Elbow Society of Serbia

SIGASCOT – Italian Society of Knee surgery, Arthroscopy, Sports, Cartilage, Orthopaedic Technology



INTERNATIONAL CASE FORUM OF ESSKA'S AFFILIATED SOCIETIES

Friday, 11 May 2018

Multiligament injuries in athletes – Immediate or staged surgery? A case based discussion

BASK – British Association for Surgery of the Knee

DKG – German Knee Society (Deutsche Kniegesellschaft)

SEROD – Sociedad Española de cirugía de rodilla

SPOT – Portuguese Orthopaedic and Trauma Society

ACL Reconstruction in football – which graft, which rehab and adverse consequences. A case based discussion

AEA – Spanish Arthroscopy Association

NVA – Dutch Arthroscopy Society

RAS – Russian Arthroscopic Society

SPAT – Portuguese Society of Arthroscopy and Sport Traumatology

SSASST – Slovene Society for Arthroscopic Surgery and Sports Traumatology

Meniscal repair and augmentation – when is the right time and how – illustrative cases

AGA – Society for Arthroscopy and Joint Surgery

AOTBiH – Association of Orthopedists and Traumatologists in Bosnia and Herzegovina

PTA – Polish Arthroscopic Society

SFA – French Arthroscopy Society

DEBATES

Conservative vs operative management of rotator cuff tears

Ankle instability surgical treatment: Open vs arthroscopic vs graft reconstruction

Knee isolated PCL injury: Operative vs non-operative treatment

OCD in elbow/sports related injuries of the forearm

Arthroscopic PCL reconstruction: How many and what portals are needed for a safe reconstruction

Augment the meniscus: Pro and contra

Degenerative ankle in young patient: Arthroscopy vs Osteotomy vs Fusion vs Arthroplasty

Hip Arthroscopy: DVT Prophylaxis

Soft tissue vs bony procedure in anterior shoulder instability

Is meniscus surgery a waste of time?

Hip arthroscopy/hip preservation

Shoulder – The use of reverse arthroplasty in cuff deficient shoulders under 60s: For and against

Debate UK: Shoulder – The use of reverse arthroplasty in cuff deficient shoulders under 60s



PHYSICAL THERAPY PROGRAMME

Organising Committee

Alli Gokeler (Netherlands), Chris Myers (UK), Bruce Paton (UK), Ninni Sernert (Sweden), Joanna Stephens (UK), Robert van Cingel (Netherlands), Suzanne Werner (Sweden)

Thursday, 10 May 2018

10:30 – 12:00 **Muscle and Tendon**

Tendon mechanics/histology and loading of the Achilles Tendon

Tendon optimizing loading and functional testing

Tendon and rehabilitation Achilles tendon

Biomechanics of different tendons

Hamstring function and rehabilitation after tears and surgery: testing and optimizing treatment – return to sport and prevention recurrence

Achilles tendon rupture – new research findings

14:00 – 15:30 **Motor Control and Learning in Injury Prevention**

Motor learning concepts of the whole system approach in injury prevention

Neuroplasticity: A key for prevention and rehabilitation

The role of psychology in injury prevention

Knee joint proprioception: Assessments and implications for clinical interventions

Fatigue and decision making in ACL injuries

16:00 – 18:00 **Mini battle and Keynotes**

Mini battle: Surgical vs non-surgical treatment of ACL injuries in athletes

Keynote: Hamstring rehabilitation – State of the art

Keynote: Knee function and quality of life after ACL reconstruction – a long-term follow-up

Keynote: Ankle instability and evidence based treatment

Friday, 11 May 2018

09:00 – 10:00 **Keynote:** Hip joint pathology: Non-operative versus operative treatment

11:00 – 12:00 **PT – Hip Injuries and Rehabilitation**

Running and muscle biomechanics around the hip

Rehabilitation after hip arthroscopy: are we doing the right thing?

Treatment and prevention of FAI in athletes

Hip problems in ice hockey goalkeepers

15:00 – 16:00 **PT – Shoulder Injuries**

Rotator cuff tendinopathy in sports

Rehabilitation in anterior shoulder instability

Shoulder injuries in handball players: injury recording and clinical diagnosis

16:30 – 18:00 **PT – Knee Injuries and Rehabilitation**

The ACL injury rehabilitation registry

ACL re-injuries in females

Knee rehabilitation and injury prevention

Multi ligament knee injuries

The patellofemoral joint

Saturday, 12 May 2018

Motor learning in complex interaction of athlete-task-environment. Practical applications to optimize injury prevention

Autonomy and self-controlled learning in motor learning

Blood flow restriction in strength training

Ultrasound in clinical practice

SURGICAL PRE-COURSES IN SHOULDER AND KNEE ARTHROSCOPY

DESCRIPTION

1. Cadaveric stations with top level arthroscopic equipment.
2. Two attendees at each station (last-year residents or surgeons with less than 5 years of clinical practice). Total number of attendees: 16 each day
3. One international, experienced surgeon in arthroscopic and open surgery at each station
4. One assistant at each station to help regarding technical and related issues
5. Structured and directed course:
 - Participants must follow very specific arthroscopic exercises within a specific time frame
 - The techniques for each exercise are shown on big screens before each exercise.

Previous basic arthroscopic knowledge is mandatory

REGISTRATION

Please register online: www.esska-congress.org. The fee for each course is 750 EUR.

Chairmen: Pablo E. Gelber (Spain), Francesc Soler (Spain)

Monday, 7 May 2018, 8:30-16:30

Shoulder Session

9:00 – 13:00 Shoulder Cad-Lab practice. Glenohumeral

Basic Skills

9:00 – 9:30 Glenohumeral joint portals & systematic intraarticular evaluation

Instability

9:30-10:00 Posterior labral repair

10:00-10:30 Anterior labral repair

10:30-10:50 SLAP repair

Subacromial Space

10:50-11:30 Subacromial decompression and Mumford procedure

11:30-12:00 Cuff Tear preparation. Prepare the footprint

12:00-13:00 Cuff Tear repair. Different techniques

13:00-14:00 Lunch break

14:00-16:00 Out of the box arthroscopy

Biceps Tendon

14:00-14:15 Bicipital groove identification & biceps tenotomy

14:15-15:00 Biceps tenodesis (intraosseus)

Anterior Subacromial Space

15:00-15:30 Coracoid process exposure & suprascapular nerve release

15:30-16:00 Subscapularis repair



SURGICAL PRE-COURSES IN SHOULDER AND KNEE ARTHROSCOPY

Chairmen: Pablo E. Gelber (Spain), Raúl Torres-Claramunt (Spain)

Tuesday, 8 May, 8:30-16:30

Knee Session

9:00 – 13:00 Knee Cad-Lab practice. Arthroscopy

Basic Skills

9:00-9:30 AM, AL, Acc AM portals and systematic intraarticular evaluation

Menisci

9:30-10:00 Out-in and in-out meniscal repair

10:00-10:30 All-inside meniscal repair

Anterior Cruciate Ligament

10:30-10:50 Hamstring graft harvesting

10:50-11:40 Anatomic femoral and tibial tunnels

11:40-12:00 Graft introduction and fixation

Posterior Cruciate Ligament

12:00-12:35 PM portal & transtibial tunnel

12:35-13:00 Femoral tunnel & graft passage/fixation

13:00-14:00 Lunch break

14:00-16:00 Knee Cad-Lab practice. Open techniques

14:00-15:00 Popliteofibular and FCL reconstructions

15:00-16:00 Medial patellofemoral reconstruction

Faculty Shoulder Course

Roman Brzóska (Poland), Miguel Garcia Navlet (Spain), Neil Jain (United Kingdom), Alberto Martínez Trillo (Colombia), Pablo Narvona (Argentina), Joan Miquel Noguera (Spain), Claudio Rosso (Switzerland), Nestor Zurita (Spain)

Faculty Knee Course

Jorge Chahla (USA), Cristian Collazo (Argentina), Ignacio Dallo (Argentina), Francois Hardeman (Belgium), Deiry Kader (United Kingdom), Vipul Mandalia (United Kingdom), Gustavo Rincón (Colombia), Silvio Villascusa (Spain)

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Millar	Neal L.	UK	Tennent	Duncan	UK
Moksnes	Håvard	Norway	Theisen	Daniel	Luxembourg
Monllau	Joan Carles	Spain	Thomas	Panos	UK
Mouton	Caroline	Luxembourg	Tol	Hans	The Netherlands
Müller	Andreas Marc	Switzerland	Tuijthof	Gabrielle	The Netherlands
Musahl	Volker	USA	van Bergen	Christiaan	The Netherlands
Nelissen	Rob G.H.H.	The Netherlands	van Cingel	Robert	The Netherlands
Niemeyer	Philipp	Germany	van den Bekerom	Michel	The Netherlands
Nührenböcker	Christian	Luxembourg	van der Made	Anne	The Netherlands
Oliveira	Miguel	Portugal	van Giffen	Nicolien	Luxembourg
Oussedik	Sam	UK	van Tienen	Tony	The Netherlands
Papacostas	Emmanuel	Greece	Varatojo	Ricardo	Portugal
Paton	Bruce	UK	Verhagen	Evert	The Netherlands
Pavlik	Attila Miklos	Hungary	Walden	Markus	Sweden
Pearce	Christopher Jon	Singapore	Wegmann	Kilian	Germany
Piscaer	Tom	The Netherlands	Werner	Suzanne	Sweden
Pujol	Nicolas	France	Zupanc	Oskar	Slovenia
Roberts	Simon	UK	Zurita	Nestor Antonio	Spain
Röhm	Artur	Switzerland			

ABOUT ESSKA



ESSKA - European Society of Sports Traumatology, Knee Surgery & Arthroscopy represents Europe in the fields of sports traumatology and degenerative joint-disease. We foster education and research, and the exchange of clinical and scientific information.
www.esska.org

ESSKA Membership

Be part of the growing European network of key opinion leaders – become an ESSKA member!

Your benefits as full member:

- ✓ Monthly copy of and online access to KSSTA, our renowned clinical journal
- ✓ Reduced registration fees for ESSKA events: the Biennial Congress, workshops, seminars and courses
- ✓ Up to 33 % reduction on ESSKA books
- ✓ Access to the premium content on ESSKA Academy - our online educational platform
- ✓ Free subscription to the ESSKA Newsletter, published twice a year
- ✓ Access to various ESSKA educational and fellowship programmes
- ✓ The right to vote at the General Meeting, serve on ESSKA committees and apply for section membership.

Sign up on www.esska.org!

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ESSKA-EKA Chairman: Roland Becker

ESSKA-ESA Chairman: Roman Brzoska

ESSKA-ESMA Chairman: Hermann Mayr

GENERAL INFORMATION

ESSKA President

Romain Seil (Luxembourg)

Congress President

Jón Karlsson (Sweden)

Date

9-12 May 2018

Official Language

English

Scientific Chairmen

Gino M. Kerkhoffs (Netherlands)

Fares Haddad (UK)

Michael Hirschmann (Switzerland)

Venue

Scottish Event Campus, SEC Centre,
Glasgow, UK

Currency

The official currency in UK is British Pound (GBP).
Fees are charged in EUR and must be paid online by credit card or on-site in EUR cash or credit card.

Important Dates

25 February 2018:

Deadline registration at reduced rates

28 March 2018:

Deadline accommodation booking at special rates

29 April 2018:

Closing of pre-registration

8-12 May 2018:

On-site registration



PARTNERS OF THE 18TH ESSKA CONGRESS

ESSKA would like to thank the partners of the 18th ESSKA Congress 2018 for their extraordinary support!

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EXHIBITORS AT THE 18TH ESSKA CONGRESS

ESSKA would like to thank the exhibitors of the 18th ESSKA Congress 2018 for their remarkable support!

Company	Country/City
3D Systems Symbionix	USA – Littleton, CO 80127
AMPLITUDE	FRA – 26000 Valence
ANIKA THERAPEUTICS	ITA – 35127 Padova
Arthrex GmbH	DEU – 81249 München
ArthroSurface	USA – Franklin, MA 02038
Bauerfeind AG	DEU – 07937 Zeulenroda-Triebes
biologics company	USA – Edison, NJ 08837
BIOTEK	IND – 380006 Ahmedabad City
Bodycad	CAN – G1N 4R7 Quebec City (QC)
ConMed	BEL – 1620 Drogenbos
De Soutter Medical	GBR – Aston Clinton, Bucks, HP22 5WF
DePuy Synthes	CHE – 4528 Zuchwil
DJO GLOBAL	GBR – Guildford Surrey, GU2 8XG
Eberle GmbH & Co. KG	DEU – 75449 Wurmberg
Episurf Medical	SWE – 11449 Stockholm
Geistlich Surgery	CHE – 6110 Wolhusen
GROUP FH ORTHO	FRA – 68990 Heimsbrunn
KINETEC	FRA – 08090 Tournes
KARL STORZ	DEU – 78532 Tuttlingen
KneeGuru	GBR – West Midlands, DY1 1DB
Königsee Implantate GmbH	DEU – 07426 Alledorf
LG Chem	KOR – 03184 Seoul
LIPOGEMS INTERNATIONAL SPA	ITA – 20129 Milano
Mathys Ltd. Bettlach	CHE – 2544 Bettlach
Medacta International	CHE – 6874 Castel San Pietro
medi GmbH & Co. KG	DEU – 95448 Bayreuth
NEOLIGAMENTS (A DIVISION OF XIROS LIMITED)	GBR – Leeds, LS19 7UE
NEOSTEO	FRA – 44100 Nantes
NEWCLIP TECHNICS	FRA – 44115 Haute-Goulaine
OrthoD	GBR – Bourton on the Water, GL54 2HG
OrthoSpace	ISR – 3088900 Caesarea
Össur	NLD – 5651 GH Eindhoven
Parcus Medical LLC	USA – Sarasota, FL 3423
Richard Wolf GmbH	DEU – 75438 Knittlingen
RZ Medizintechnik GmbH	DEU – 78532 Tuttlingen
SAGE Publishing	USA – Thousand Oaks, CA 91320
SAWBONES WORLDWIDE	SWE – 21616 Malmö
SBM	FRA – 65100 Lourdes
Shanghai Bojin Electric Instrument & Device Co. Ltd	CHN – 200436 Shanghai
Shanghai LIGATECH BIOSCIENCE CO., LTD.	CHN – 201700 Shanghai
Smith & Nephew	CHE – 6340 Baar
Stryker	NLD – 1101 CM Amsterdam
THE JOINT PRESERVATION SPECIALISTS	GBR – Wiltshire, SN5 8Y2
TISSUE REGENIX LTD.	GBR – Swillington, LS26 8XT
Wisepress Medical Bookshop	GBR – London, SW19 9RL
Zimmer Biomet	CHE – 8404 Winterthur

As of: 9 January 2018



WELCOME RECEPTION

The welcome reception will be held at the exciting **Glasgow Science Centre**, just 5 minutes walk from the Congress venue. The reception is open to registered delegates, partners and special guests. Drinks and canapes will be served and you will have the opportunity to explore the 3 floors of exhibits.

The Reception is hosted by
The Rt Hon Lord Provost of Glasgow.

Date: Wednesday, 9 May 2018

Time: 19:00-20:30 h

Venue: Glasgow Science Centre

Ticket: EUR 5



Glasgow Science Centre: Scottish Event Campus
© PeopleMakeGlasgow

ESSKA DINNER & PARTY

The must-attend social event of the Congress! Join us for a fun filled evening of fine food, the famous ESSKA Awards and

Hold on to your hats folks – this year we have got an extra special treat in store for you at the ESSKA Congress Dinner and Party. We are super excited to announce that some very special Scottish guests have been invited to entertain you during the fabulous dinner. After an evening of culture, fun and the finest Scottish food and hospitality at the stunning Riverside Museum, the legends of the Scottish Rock Scene – the **RED HOT CHILLI PIPERS** – will burst onto stage and blow your socks off!

The **RED HOT CHILLI PIPERS** are as famous in Scotland as their 'Peppery' counterparts worldwide, and their mélange of Celtic Rock music will leave you open mouthed and shouting "encore". In 2017 the band celebrated their 15-year anniversary.

So, don't miss out on the opportunity to take part in this fantastic event! Tickets are available on the registration page of the Congress website.

Tickets are limited and sold on a first come first served basis, so book today!

Date: Friday, 11 May 2018

Time: 18:30-01:00 h

Venue: Riverside Museum Glasgow

Ticket: EUR 100 (before 25 Feb 2018)
EUR 150 (late registration, before 29 April 2018)
EUR 175 on-site



Red Hot Chilli Pipers



Riverside Museum: © Riverside Museum

TOUR PROGRAMME

During the ESSKA Congress we will be offering an exciting selection of tours for accompanying persons wishing to explore Glasgow, Edinburgh and the highlights of the surrounding area including Lochs, distilleries and castles!

All tours are available through the online Congress registration page. Deadline for bookings is 28 March 2018. Minimum number of participants is 20 per tour. In the case that this number is not reached you will be notified in advance and your fees refunded.

TOUR 1

Wednesday, 9 May 2018 – half day

HIGHLIGHTS OF GLASGOW

Departure and drop off at the SEC (Congress venue)

Departure time approx. 09.00 h (precise timings to be confirmed)

Return to SEC approx. 13.00 h (precise timings to be confirmed)

Included: Transport, guide, entrance fees

Price per ticket: 50 EUR



Kelvingrove Art Gallery ©PeopleMakeGlasgow

This tour is the perfect way to kick-off your trip to Glasgow. A great opportunity to discover the City and all its gems. Highlights include Glasgow's breath-taking Victorian architecture, the Cathedral, the Necropolis and much more!

TOUR 2

Thursday, 10 May 2018 – full day

LOCH KATRINE AND DISTILLERY TOUR

Departure and drop off at the SEC (Congress venue)

Departure time approx. 09.00 h (precise timings to be confirmed)

Return to SEC approx. 17.00 h (precise timings to be confirmed)

Included: Transport, guide, lunch, entrance fees, tastings

Price per ticket: 125 EUR



Glengoyne Distillery ©PeopleMakeGlasgow

Experience the beauty of the stunning Trossachs National Park, enjoy a cruise on Loch Katrine, lunch in a traditional Scottish pub and visit a famous Scottish whisky distillery including tastings!



TOUR PROGRAMME

TOUR 3

Thursday, 10 May 2018 – half day

STIRLING CASTLE

Departure and drop off at the SEC (Congress venue)

Departure time approx. 09.00 h
(precise timings to be confirmed)

Return to SEC approx. 13.00 h
(precise timings to be confirmed)

Included: Transport, guide, entrance fees

Price per ticket: 60 EUR

Experience picture-postcard Scotland in Stirling and the surrounding countryside. The highlight of this trip is a visit to the impressive Stirling Castle, home to important Scottish monarchs such as King James VI and Mary, Queen of Scots.



© Visit Scotland and Paul Tomkins

TOUR 4

Friday, 11 May 2018 – full day

ROYAL EDINBURGH

Departure and drop off at the SEC (Congress venue)

Departure time approx. 09.00 h (precise timings
to be confirmed)

Return to SEC approx. 17.00 h (precise timings
to be confirmed)

Included: Transport, guide, lunch, entrance fees

Price per ticket: 95 EUR

Discover the magnificent city of Edinburgh steeped in history and famous for its Castle, beautifully preserved Medieval Old Town and Holyrood Palace.

Highlights include, a walking tour of Edinburgh's Old Town, a visit of the famous Edinburgh Castle, Lunch, tour of the Royal Mile, tasting of Scottish specialities and free time.



© Visit Scotland



TRAVEL INFORMATION

Glasgow is located in West Central Scotland. It is the largest city in Scotland and is well served by transport links, including three international airports within 40 miles of the city centre and only an hour's flight from London.



Glasgow is served by **three international airports**, with connections across the world.



Please consult:
<https://peoplemakeglasgow.com/visiting/getting-here/air>



Glasgow is well connected by train from **across the UK**.



Please consult:
<https://peoplemakeglasgow.com/visiting/getting-here/by-rail>



Scotland has an extensive motorway road network.



Please consult:
<https://peoplemakeglasgow.com/visiting/getting-here/by-road>



Scotland can be reached by boat from Ireland and overseas.



Please consult:
<https://peoplemakeglasgow.com/visiting/getting-here/by-sea>

ACCOMMODATION

Glasgow Convention Bureau is the official housing agency for the Congress and discounted rates for conference delegates have been negotiated.

There is a great selection of hotels available near the SEC and in the City Centre. Please note: Congress registration and accommodation booking must be carried out separately. Please consult the website and go to the section "Travel & Hotel".

