

AOTrauma Course—Advanced Principles of Fracture Management

Moscow, 2017, October 24 – 27

Venue: Riga Land Business Hotel

Monday, October 23, 2017

| N | Time | Agenda Item | Faculty | Notes |
|---|---------------|--------------------|---------|-------|
| | 15:00 – 18:00 | Faculty pre-course | All | |
| | 19:00 | Faculty dinner | All | |

Tuesday, October 24, 2017, 1st day

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| 1. | 08:00 – 09:00 | Participants registration | | |
| 2. | 09:00 – 09:15 | Welcome and introduction to the course | A.Volna | |
| 3. | | Review of general principles (part 1) | A.Volna | Module 1. |
| 4. | 09:15 – 09:35 | Tissue vitality and effect of injury | C.Van der Werken | |
| 5. | 09:35 – 09:50 | Review of the principles of fracture management; spectrum of stability | A.Volna | |
| 6. | 09:50 – 10:05 | Fracture reduction | E.Varga | |
| 7. | 10:05 – 10:20 | Clinical indications for locked plating | K.Hadjicharalambous | |
| | 10:20 – 10:40 | Coffee break | | |
| 8. | | Review of general principles (part 2) | A.Volna | Module 2. |
| 9. | 10:40 – 10:55 | Preoperative planning – key to success | M.Panin | |
| 10. | 10:55 – 11:10 | MIO – minimizing surgical footprints | P.Dotcenko | |
| 11. | 11:10 – 11:25 | Outline of the key points (part 1 and 2) | A.Volna | |
| 12. | 11:25 – 12:25 | Reduction techniques - concepts and application | | Discussion 1. |
| 13. | 12:25 – 13:40 | Proximal Humerus 11-C1 four-fragment fracture | A.Ragozin | Practical exercise 1. Video 20237 |
| | 13:40 – 14:40 | Lunch | | |
| 14. | | Injuries of the upper limb (part 1) | A.Frolov | Module 3. |
| 15. | 14:40 – 15:00 | Clavicular fractures - when and how to operate | A.Volna | |
| 16. | 15:00 – 15:20 | Proximal humeral fractures – to fix, to replace, or treat nonoperatively | A.Ragozin | |

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| 17. | 15:20 – 15:35 | Complex humeral shaft fractures | A.Zhaglin | |
| 18. | 15:35 – 15:50 | Distal humerus – intraarticular fractures and complications | A.Plaschinsky | |
| 19. | 15:50 – 16:05 | Fracture dislocation of the elbow | D.Nikolaev | |
| | 16:05 – 16:25 | Coffee break | | |
| 20. | | Injuries of the upper limb (part 2) | A.Frolov | Module 4. |
| 21. | 16:25 – 16:40 | Distal radial fractures | A.Zhaglin | |
| 22. | 16:40 – 17:00 | Fractures of the scapula – indications for surgery and methods of fixation | A.Plaschinsky | |
| 23. | 17:00 – 17:15 | Outline of the key points (part 1 and 2) | A.Frolov | |
| 24. | 17:15 – 18:30 | Fixation of an intraarticular distal radius fracture | A.Frolov | Practical exercise 2. Video 20244 |

Wednesday, October 25, 2017, 2nd day

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| 25. | 08:00 – 09:15 | Upper extremity fractures – decision making and methods of stabilization | | Discussion 2. |
| 26. | | Injuries of the lower limb (part 1) | V.Vilenskiy | Module 5. |
| 27. | 09:15 – 09:30 | Femoral neck fractures – different patients; different problems | K.Hadjicharalambous | |
| 28. | 09:30 – 09:45 | Intertrochanteric fractures – treatment options and outcomes | A.Volna | |
| 29. | 09:45 – 10:05 | Current treatment options of subtrochanteric fractures | E.Varga | |
| | 10:05 – 10:25 | Coffee break | | |
| 30. | | Injuries of the lower limb (part 2) | V.Vilenskiy | Module 6. |
| 31. | 10:25 – 10:40 | Femoral shaft fractures | A.Plaschinsky | |
| 32. | 10:40 – 10:55 | Distal femoral fractures – treatment options and outcomes | C.Van der Werken | |
| 33. | 10:55 – 11:10 | Complex tibial plateau fractures | A.Frolov | |
| 34. | 11:10 – 11:30 | Proximal, distal and segmental tibial shaft fractures | A.Volna | |
| 35. | 11:30 – 11:50 | Early and definitive treatment of pilon fractures | A.Frolov | |
| 36. | 11:50 – 12:05 | Complex malleolar fractures | P.Dotcenko | |
| 37. | 12:05 – 12:20 | Calcaneal fractures – predicting and avoiding problems | T.Lantukh | |
| 38. | 12:20 – 13:30 | Management of a type 41 C3 tibial plateau fracture | A.Volna | Practical exercise 3. Video 20226 |
| | 13:30 – 14:40 | Lunch | | |
| 39. | | Injuries of the lower limb (part 3) | V.Vilenskiy | Module 7. |
| 40. | 14:40 – 15:00 | Talar neck fractures and complications | A.Volna | |

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| 41. | 15:00 – 15:20 | Navicular and Lisfranc injuries and complications | V.Vilenskiy | |
| 42. | 15:20 – 15:40 | Outline of the key points (part 1, 2, 3) | V.Vilenskiy | |
| | 15:40 – 16:00 | Coffee break | | |
| 43. | 16:00 – 17:15 | Fractures of the femur | | Discussion 3 |
| | 17:15 – 18:15 | Satellite Symposium | | |

Thursday, October 26, 2017, 3rd day

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| 44. | 08:00 – 09:15 | Factures of the tibia, ankle and foot | | Discussion 4. |
| 45. | | Polytrauma, pelvis and acetabulum (part 1) | K.Hadjicharalambous | Module 8. |
| 46. | 09:15 – 09:35 | State-of-the-art in the management of multiple injured patients | A.Plaschinsky | |
| 47. | 09:35 – 09:50 | Mangled extremity management | A.Volna | |
| 48. | 09:50 – 10:10 | Evaluation and emergency management of pelvis ring injuries | E.Varga | |
| | 10:10 – 10:30 | Coffee break | | |
| 49. | | Polytrauma, pelvis and acetabulum (part 2) | K.Hadjicharalambous | Module 9. |
| 50. | 10:30– 10:50 | Principles of acetabular fractures management | K.Hadjicharalambous | |
| 51. | 10:50 – 11:10 | ORIF of the posterior wall – surgical approach | E.Varga | |
| 52 | 11:10 – 11:30 | Outline of the key points (part 1 and 2) | K.Hadjicharalambous | |
| 53. | 11:30 – 12:45 | Decision making in difficult fracture problems and polytrauma patients | | Discussion 5 |
| 54. | | Special situations and problems (part 1) | M.Panin | Module 10. |
| 55. | 12:45 – 13:05 | High tech surgery, navigation | E.Varga | |
| 56. | 13:05 – 13:30 | Infection after ORIF | C.Van der Werken | |
| | 13:30 – 14:40 | Lunch | | |
| 57. | | Special situations and problems (part 2) | M.Panin | Module 11. |
| 58. | 14:40 – 14:55 | Bone grafts and bone grafts substitute to promote fracture union – options and outcomes | A.Frolov | |
| 59. | 14:55 – 15:15 | Treatment of metaphyseal and diaphyseal nonunions | M.Panin | |
| 60. | 15:15 – 15:35 | External fixation, equipment and terminology: principles of frame construction | V.Vilenskiy | |
| 61. | 15:35 – 15:50 | Fundamental of external fixation | V.Vilenskiy | |
| 62. | 15:50 – 16:00 | Biology of distraction osteogenesis and can we accelerate it? | A.Volna | |

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| 63. | 16:00 – 16:20 | long bone deformity correction using unified reduction units (“Ilizarov hinges”) and hexapods | V.Vilenskiy | |
| 64. | 16:20 – 16:40 | Outline of the key points (part 1 and 2) | M.Panin | |
| | 16:40 – 17:00 | Coffee break | | |
| 65. | 17:00 – 18:15 | Percutaneous plate fixation of the tibia and fibula in a distal multifragmentary fracture of the lower leg (MIPO - technique) | A.Plaschinsky | Practical Exercise 4. Video 20207 |

Friday, October 27, 2017, 4th day

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| 66. | 09:00 – 10:15 | ORIF of intra-articular calcaneal fracture | P.Dotcenko | Practical Exercise 5. Video 24026 |
| | | Coffee break | | |
| 67. | 10:15 – 10:35 | Special situations and problems (part 3) | P.Dotcenko | Module 13. |
| 68. | 10:35 – 11:00 | Rib fractures | C.Van der Werken | |
| 69. | 11:00 – 11:20 | Principles of orthogeriatric fracture care (osteoporotic fractures) | A.Volna | |
| 70. | 11:20 – 11:40 | Periprosthetic fractures | E.Varga | |
| 71. | 11:40 – 12:00 | Radiation hazards | A.Volna | |
| 72. | 12:00 – 12:15 | Outline of the key points (part 3) | P.Dotcenko | |
| 73. | 12:15 – 12:30 | Closing remarks | A.Volna, all faculties | |
| | 12:30 | Lunch | | |