



**Agenda | March 5-6, 2018**

# Elective Foot Instructional Course

Johnson & Johnson Institute, Hamburg, Germany

# Welcome to the Johnson & Johnson Institute

This course will focus on deformities in the forefoot and hindfoot, including a step-by-step description of the surgical approaches and osteosynthesis.

The goal of this instructional course is to foster learning through lectures, group discussions and hands-on anatomical workshops to allow the participants ample opportunities to improve their skills in elective foot surgery.

I wish you a very instructive course!

Yours sincerely,

A handwritten signature in black ink, appearing to read 'F. JAEGGI', with a long horizontal line extending to the right.

**Fabian Jaeggi**

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## **Faculty**

**Prof Dr Thomas Mittlmeier**  
Rostock, Germany

**Dr Jan von Recum**  
Ludwigshafen, Germany

**Dr J Kent Ellington**  
Charlotte, United States

**Day 1**

**March 5, 2018**

12:00	Arrival to the J&J Institute, registration and lunch	All
13:00	Welcome and introduction	J&J Institute
13:05	Overview and objectives	Prof T Mittlmeier
<b>Session 1: Hindfoot</b>		
13:15	Complex hindfoot deformities: Plano-valgus foot	Dr J von Recum
13:30	Complex hindfoot deformities: Cavo-varus foot	Prof T Mittlmeier
13:45	New generation Nitinol implants for elective hindfoot surgery	Dr J K Ellington
14:00	Move to lab and change	All
14:15	<b>Anatomical lab session 1</b> – Live demo: Plano-valgus foot: Double calcaneus osteotomy, Miller fusion, FDL transfer – Workshop: Osteotomies, arthrodeses and tendon transfer	Dr J von Recum Delegates
15:45	<b>Anatomical lab session 2</b> – Live demo: Cavo-varus foot: Cole-osteotomy, midfoot and hindfoot arthrodesis using CCI – Workshop: Midfoot and hindfoot arthrodesis using CCI	Dr J K Ellington Delegates
16:45	<b>Coffee break</b>	
17:00	Case discussions: Hindfoot cases from delegates and faculty	All
17:45	Tibia-talar-calcaneal arthrodesis	Dr J von Recum
18:00	<b>Wrap up and closure of day one</b>	Prof T Mittlmeier
18:15	Group transfer departs from J&J Institute to hotel	

**Day 2**

**March 6, 2018**

07:45	Meet at the lobby, check out, take luggage	All
08:00	Bus transfer to the J&J Institute	All
<b>Session 2: Forefoot</b>		
08:30	Complex forefoot deformities	Dr J K Ellington
08:45	New generation Nitinol implants for forefoot surgery	Dr J K Ellington
09:00	Discussions	All
09:15	<b>Coffee break</b>	
09:30	Move to lab and change	All
09:45	<b>Anatomical lab session 3</b> – Live demo: Lapidus arthrodesis – Workshop: Lapidus arthrodesis using VA-LCP Plates	Dr J von Recum Delegates
10:30	<b>Anatomical lab session 4</b> – Live demo: Proximal first metatarsal crescentic osteotomy – Workshop: Proximal first metatarsal crescentic osteotomy using VA-LCP X-Plate	Prof T Mittlmeier Delegates
11:15	<b>Anatomical lab session 5</b> – Live demo: Akin and Chevron Osteotomy – Workshop: Akin and Chevron Osteotomy using CCI	Dr J K Ellington Delegates
12:15	<b>Lunch</b>	
12:45	Case discussions: Forefoot cases from delegates and faculty	All
13:45	Wrap up and remaining questions	Prof T Mittlmeier
14:00	<b>Close and transfer departs to the airport</b>	