



# - Save the Date - Bariatric & Metabolic Surgery Symposium

## *Consensus & controversies*

June 21-22, 2018

### Overview

The Johnson & Johnson institute invites you to the 5<sup>th</sup> annual bariatric & metabolic surgery symposium. The interactive educational program combines plenary sessions, live-surgery sessions and workshops to offer an opportunity for an open exchange between the experts and attendees.

Plenary sessions will focus on consensus and controversies in primary and revisional bariatric surgery and treatment algorithms including lectures, live-surgery sessions and evidence-based debates among the experts.

Additionally, attendees can choose 2 workshops out of a broad offering to advance their knowledge in a specific area of bariatric & metabolic surgery or obesity center/practice management. See next pages for workshop outline.

All sessions and workshops are led by a highly-experienced international faculty, experts in the field of bariatric & metabolic surgery.

### Program at a glance

#### Day 1

- 10.00 – 11.00h Welcome & plenary session 1
- 11.00 – 13.00h Live-surgery & panel debates
- 13.00 – 14.00h Lunch
- 14.00 – 16.00h Live-surgery & panel debates
- 16.00 – 16.30h Break
- 16.30 – 18.00h Workshops
- 20.00h Dinner

#### Day 2

- 08.00 – 10.00h Welcome & 'the great debate'
- 10.00 – 10.30h Break
- 10.30 – 13.00h Workshops
- 13.00h Close & Adjourn

Yours sincerely,

**The Johnson & Johnson Institute – Ethicon**

### Time

Start: 10:00

End: 13:00

### Location

Johnson & Johnson Institute  
Hummelsbuetteler Steindamm 71  
22851 Norderstedt  
Germany

### Language

English

### Faculty

Prof. Karl Miller  
Prof. Jacques Himpens  
Dr. Alan Wittgrove  
Dr. Bruno Dillemans  
Prof. David Nocca  
Prof. Antonio Torres  
Dr. Rui Ribeiro  
Prof. Ralph Peterli  
Dr. Alessandro Giovanelli  
Dr. Christiano Giardiello  
Dr. Frits Berends  
Prof. Catalin Copeascu  
Prof. Francesco Rubino  
Prof. Carel Le Roux  
Dr. Karl-Peter Rheinwald  
Dr. Nicolas Veyrie  
Dr. Almino Ramos

### Registration

For additional information please contact your Ethicon representatives.



## Workshop Outline

*During the symposium, you will have the option to attend 2 workshops the first on day 1 (16.30 – 18.00h) and the second on day 2 (10.30 – 13.00h). We offer you a portfolio of 8 workshops from which you can choose. When registering, please select your top 3 preference for the 2 workshops. The registration team will ensure you can attend at least one of your 3 choices.*

### **Workshop 1: Optimizing your surgical technique**

*Outline:* A practical hands-on workshop with tips and tricks and best-practices from the experts on surgical technique to optimize your outcomes.

*Learning objectives:* After this workshops participants will:

- Perform side-to-side stapled anastomosis with hand sewn closure of the defect
- Understand principles of hand sewn anastomosis
- Understand principles of save stapling and suturing

### **Workshop 2: Patient pathway & Enhanced recovery after bariatric surgery (ERABS)**

*Outline:* An interactive session on patient pathway programs & digital platforms, with focus on enhanced recovery after bariatric surgery.

*Learning objectives:* After this workshops participants will:

- Understand key components of an effective patient pathway program & tips and tricks on getting a program started in their institution
- How to engage and empower their surgical teams to increase efficiency
- Have an outline of current digital platform and their use and how to support better patient outcomes

### **Workshop 3: Managing a high-volume obesity center in a multi-disciplinary setting**

*Outline:* A practical session on how to establish and engage a true multidisciplinary obesity team.

*Learning objectives:* After this workshops participants will:

- Gain insights on how to effectively manage high-volume pre, per and post-operative care
- Learn how to start and build a solid obesity/ bariatric center that has the correct elements to provide comprehensive care of the morbidly obese patient
- Understand the importance of multidisciplinary team approach in evaluating and managing complex patients

### **Workshop 4: How to better collaborate with the medical community to increase patient referral?**

*Outline:* A practical session on collaborative care during which clinicians representing both fields will present their perspectives and engage in dialogue about what they would most like colleagues from 'the other side' to understand about their own field.

*Learning objectives:* After this workshops participants will understand:

- How to establish aligned goals to propose best treatment options for the patient
- The role of social media and digital connectivity
- A summary on the most important information for other clinicians to know about surgical and nonsurgical approaches, and a more integrated, 'continuum' model of surgical and nonsurgical approaches



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### **Workshop 5: Treatment strategies & algorithms for revisional bariatric surgery**

*Outline:* A practical workshop with clinical case discussion.

*Learning objectives:* After this workshop participants will:

- Understand algorithms & effective treatment strategies
- Differentiate between weight regain/obesity disease relapse and anatomic complications
- Best-practice examples through clinical case discussion

### **Workshop 6: Patient engagement strategies to drive long-term results**

*Outline:* A practical session on the patient referral pathway incl. insights from the 'other' medical side. How to establish aligned goals to propose best treatment options for the patient.

*Learning objectives:* After this workshop participants will understand:

- How to activate the patient in an early stage?
- How to drive long-term results and optimize outcomes
- How to lead and drive a patient conversation (to help understand and set the right expectations)

### **Workshop 7: Best-practice in surgery – mental training for bariatric surgeons**

*Outline:* A practical session on how to leverage mental training in bariatric surgery to drive high standards and surgical excellence through the OR team.

*Learning objectives:* After this workshop participants will:

- Understand why skills matters
- Understand how to get a better performance of the surgical technique
- How to get a better standardized technique

### **Workshop 8: Time to think differently about Bariatric & Metabolic surgery**

*Outline:* An interactive session on the latest evidence on metabolic & diabetes surgery (DSSII, STAMPEDE, ect.).

*Learning objectives:* After this workshop participants will understand:

- How to leverage evidence & guidelines to drive effective policy activation & engagement
- Have practical examples from developed and emerging countries in the field of bariatric & metabolic surgery on how to effectively influence guidelines development