

AOTrauma Masters Course—Shoulder Approaches (Course with Anatomical Specimen Dissection)

13 May 2018 - 16 May 2018, Madrid, Spain

Sunday, 13 May 2018 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:00	17:00	Other Registration of participants			120
17:00	18:00	Opening remarks Opening ceremony			60
18:00	19:00	Other AOTRAUMA RECEPTION			60

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Monday, 14 May 2018 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
		Problems as defined by anatomy			0
07:45	07:50	Opening remarks Welcome and introduction to the course and presentation of the faculty	Martin Jaeger; Simon Lambert		5
07:50	09:50	Module 1: Antero superior clavicle At the end of this module, participants will be able to: - Understand the relationship between potential for complications of clavicle fractures and the brachial plexus and proximal great vessels - Be able to predict scapular malposture based on clavicle fracture-morphology	FERNANDO MARCO		120
07:50	07:55	Other LOCATION CHANGE TO DISCUSSION GROUPS			5
07:55	08:45	Discussion (small group) Discussion group 1 Antero superior clavicle	Gregory Bain; Peter Cole; Michael Fox; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Carlos Zaidenberg		50
08:45	08:50	Other LOCATION CHANGE TO LECTURE HALL			5
08:50	09:20	Case presentation Presentation of case by group 1	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		30

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Monday, 14 May 2018 (Day 2)						
Start	End	Title	Moderators/Faculty	Location/Documents	Duration	
09:20	09:50	Discussion Plenary discussion of the case and the results from the presenting group	FERNANDO MARCO		30	
09:50	10:20	COFFEE BREAK			30	
10:20	12:00	Module 2: Anterior proximal humerus At the end of this module, participants will be able to: - Understand the complexity of fracture-dislocation of the glenohumeral joint - Understand what challenges of exposure are dictated by fracture morphology - Describe the potential limitations and opportunities inherent in different anterior approaches	Norbert Südkamp		100	
10:20	11:10	Discussion (small group) Discussion group 2 Antero proximal humerus	Gregory Bain; Peter Cole; Michael Fox; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Carlos Zaidenberg		50	
11:10	11:15	Other LOCATION CHANGE TO LECTURE HALL			5	
11:15	11:35	Case presentation Presentation of case by group 2	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20	
11:35	11:55	Discussion Plenary discussion of the case and the results from the presenting group	Norbert Südkamp		20	

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Monday, 14 May 2018 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:55	12:00	Discussion Question and answer session	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		5
12:00	13:30	LUNCH BREAK			90
13:30	15:05	Module 3: Posterior scapula At the end of this module, participants will be able to: - Describe the indications for surgery for displaced scapular body and articular segment fractures - Describe the options for surgical exposure and fixation based on fracture morphology	Peter Cole		95
13:30	14:20	Discussion (small group) Discussion group 3 Posterior scapula	Gregory Bain; Michael Fox; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		50
14:20	14:25	Other LOCATION CHANGE TO LECTURE HALL			5
14:25	14:45	Case presentation Presentation of case by group 3	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
14:45	15:05	Discussion Plenary discussion of the case and the results from the presenting group	Peter Cole		20

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Monday, 14 May 2018 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:05	15:30	COFFEE BREAK			25
15:30	17:15	Module 4: Posterior-extended/superior LSSS At the end of this module, participants will be able to: - Discuss the importance of the LSSS/scapular suspension for upper extremity function - Describe current concepts for the operative management of LSSS disruption, including differentiation between horizontal, vertical, and rotational instability of the LSSS	Gregory Bain		105
15:30	16:20	Discussion (small group) Discussion group 4 Posterior-extended/superior LSSS	Peter Cole; Michael Fox; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Carlos Zaidenberg		50
16:20	16:25	Other LOCATION CHANGE TO LECTURE HALL			5
16:25	16:45	Case presentation Presentation of case by group 4	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
16:45	17:05	Discussion Plenary discussion of the case and the results from the presenting group	Gregory Bain		20
17:05	17:15	Closing remarks Summary, evaluation, and take-home messages	Martin Jaeger; Simon Lambert; Norbert Südkamp		10

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
		The applied anatomy			0
07:30	08:00	Other TRANSFER TO THE ATOMICAL LAB MEETING POINT 07:30 MAIN ENTRANCE CONGRESS CENTER			30
08:00	09:40	Module 5: Anatomical approaches—antero superior clavicle At the end of this module, participants will be able to: - Describe the relation between the clavicle, the first rib, and the retroclavicular brachial plexus - Understand the concept of the “strut” which determines scapula position - “Pearl”: omohyoideus - the guide to the supraclavicular plexu - “Pearl”: subclavius - a potential cause for distal outlet stenosis - “Pearl”: safe-drill zones or trajectories and consequences of over-long screws	Martin Jaeger; Simon Lambert		100
08:00	08:10	Other Preparation for the anatomical specimen laboratory			10

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:10	09:40	Workshop (cadaver) Anatomical specimen laboratory - Supraclavicular nerves - Omohyoideus + SC plexus - Major partial medial detachment (preserve the lateral 5cm of attachment to clavicle), subclavius, and subclavian vessels - Dissection of the lateral pectoral nerve - Break-out session (anatomical basis for shoulder pain) - Osteotomy of the clavicle, fixation in four malunions: angular sagittal/15mm overlap/ rotation/angulation with rotation (documentation of the effect of the malunion on a prepared paper matrix) - Break-out: “the sailing boat”	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		90
09:40	10:10	COFFEE BREAK			30
10:10	12:05	Module 6: Anatomical approaches—anterior proximal humerus At the end of this module, participants will be able to: - Understand the concepts of fascial planes - Understand the anatomy of the infracoracoid brachial plexus - “Pearl”: PCH vessels, AxN, deltoid and fracture morphology - “Pearl”: anatomical guides to exposure - ”Pearl”: the value of the deltoid muscle structure	Martin Jaeger; Simon Lambert		115
10:10	10:20	Other Preparation for the anatomical specimen laboratory			10

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
10:20	12:05	Workshop (cadaver) Anatomical specimen laboratory - Dissection to the clavipectoral fascia (CPF): deltoid and pectoral arterial leash - Elevation of the deltoid from the investing fascia of the shoulder - Neurovascular anatomy of the proximal humerus (anterior cruciate anastomosis) - Posterior circumflex and terminal AxN and deltoid fascia - Break-out: retractor positioning - AxN anteromedially - Break-out: deltoid morphology - Master dissection—“open the window” - OTW - Master dissection—“open the door” - OTD - Extension distally for MCN	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		105
12:05	13:05	LUNCH BREAK			60

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:05	14:55	Module 7: Anatomical approaches—posterior scapula At the end of this module, participants will be able to: <ul style="list-style-type: none"> - Be familiar with the anatomy of the periscapular muscles - Be familiar with the concept, dissection and limitations of the "windows" to the scapula - Be familiar with the anatomy of the suprascapular nerve - Be familiar with the anatomy of the AxN and the PCNA - "Pearl": circumflex scapular artery as a guide to the TMinor-TMajor interval - "Pearl": anatomical guides to exposure 	Martin Jaeger; Simon Lambert		110
13:05	13:15	Other Preparation for the anatomical specimen laboratory			10

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:15	14:55	Workshop (cadaver) Anatomical specimen laboratory - Break-out: topographical anatomy of the posterior aspect of the shoulder - 'H'- desquamation (epifascial dissection) of the posterior aspect of the shoulder girdle, and exposure of the periscapular muscles (LD attachment to the inferior pole as a scapular accessory stabiliser) - Elevation of the deltoid, explore and develop the middle “window” (preserve the ISP fascia, identify the tactic of the interneural dissection planes), and identify the ISP branch of the SSN - Break-out: “working length” of the SSN - Develop the lower “window” to the lateral border, dissect the CSA and identify the long head of the triceps - Define the triangular and quadrilateral spaces - Break-out: the lateral column. T Minor (as the distal part of the deltoid) - Detach the posterior deltoid, and develop the upper “window”: identify the SSN at the spinoglenoid notch - Examine the anatomy of the AxN and its PCNA branch - Explore the radial nerve trajectory - Break-out: closing comments	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		100
14:55	15:25	COFFEE BREAK			30

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:25	17:45	Module 8: Anatomical approaches—posterior-extended/superior LSSS At the end of this module, participants will be able to: <ul style="list-style-type: none"> - Review and describe the anatomy of structures contributing to stability of the ACJ - Investigate and document the consequences of surgical disruption of the stabilising structures of the ACJ - Understand the anatomy of pain resulting from severe ACJ disruptions 	Martin Jaeger; Simon Lambert		140
15:25	15:35	Other Preparation for the anatomical specimen laboratory			10
15:35	16:55	Workshop (cadaver) Anatomical specimen laboratory <ul style="list-style-type: none"> - Desquamation of the trapezius skin ('H-incision') - Ligament-cutting exercise (simulation of injury/documentation of outcome on prepared paper-based matrix): <ol style="list-style-type: none"> a. superior capsular ligament b. anterior capsular ligament c. trapezoid ligament d. conoid ligament e. inferior capsular ligament f. posterior capsular ligament g. trapezius tear (3cm) - Detach the trapezius from the scapular spine, and exploration of the SSN crossing the supraspinous fossa - Break-out: "pain and the ACJ" 	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		80

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Tuesday, 15 May 2018 (Day 3)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
16:55	17:15	Closing remarks Summary, evaluation, and take-home messages	Martin Jaeger; Simon Lambert; Norbert Südkamp		20
17:15	17:45	Other TRANSFER TO THE CONGRESS CENTER MEETING POINT 17:15 MAIN ENTRANCE ANATOMICAL LAB			30

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Wednesday, 16 May 2018 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
		The anatomy of clinical failure			0
08:00	09:20	Module 9: Antero superior clavicle At the end of this module, participants will be able to: - Discuss the strut function of the clavicle and the consequences of disruption - Describe the relationship of the clavicle, the first rib, and the brachial nv bundle, and the potential risks of fixation - Review the results of malunited clavicle fractures with respect to the neurovascular anatomy of the retroclavicular space	Sami Roukoz		80
08:00	08:35	Discussion (small group) Discussion group 5 Antero superior clavicle	Peter Cole; Michael Fox; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		35
08:35	08:40	Other LOCATION CHANGE TO LECTURE HALL			5
08:40	09:00	Case presentation Presentation of case by group 1	Gregory Bain; Peter Cole; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
09:00	09:20	Discussion Plenary discussion of the case and the results from the presenting group	Sami Roukoz		20
09:20	09:40	COFFEE BREAK			20

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Wednesday, 16 May 2018 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:40	11:00	Module 10: Anterior proximal humerus At the end of this module, participants will be able to: - Understand the concepts of treatment of traumatic nerve lesions - Understand the concept of intra- and extra-capsular “overstuffing” in relation to neurovascular anatomy	Damian McClelland		80
09:40	10:15	Discussion (small group) Discussion group 6 Antero proximal humerus	Gregory Bain; Peter Cole; Michael Fox; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		35
10:15	10:20	Other LOCATION CHANGE TO LECTURE HALL			5
10:20	10:40	Case presentation Presentation of case by group 2	Gregory Bain; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
10:40	11:00	Discussion Plenary discussion of the case and the results from the presenting group	Damian McClelland		20
11:00	12:20	Module 11: Posterior scapula At the end of this module, participants will be able to: - Discuss the anatomical rationale for scapular body/process/articular segment fracture fixation - Describe the patho-anatomical consequences of failure to heal or malunion of the scapula	Gregory Bain		80

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Wednesday, 16 May 2018 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
11:00	11:35	Discussion (small group) Discussion group 7 Posterior scapula	Michael Fox; Simon Lambert; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Carlos Zaidenberg		35
11:35	11:40	Other LOCATION CHANGE TO LECTURE HALL			5
11:40	12:00	Case presentation Presentation of case by group 3	Gregory Bain; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
12:00	12:20	Discussion Plenary discussion of the case and the results from the presenting group	Gregory Bain		20
12:20	13:00	LUNCH BREAK			40
13:00	14:40	Module 12: Posterior-extended/superior LSSS At the end of this module, participants will be able to: - Discuss the anatomical basis for reconstruction of the LSSS - Review the qualitative contribution of the stabilising structures/tissues (review the results of sequential sectioning experiment) - Discuss the limitations of current concepts for fixation or reconstruction of the stabilising structures of the ACJ	Simon Lambert		100
13:00	13:35	Discussion (small group) Discussion group 8 Posterior-extended/superior LSSS	Gregory Bain; Michael Fox; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Carlos Zaidenberg		35

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Wednesday, 16 May 2018 (Day 4)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
13:35	13:40	Other LOCATION CHANGE TO LECTURE HALL			5
13:40	14:00	Case presentation Presentation of case by group 4	Gregory Bain; Michael Fox; Martin Jaeger; Simon Lambert; FERNANDO MARCO; Damian McClelland; Joideep Phadnis; Sami Roukoz; Johan Scheer; Norbert Südkamp; Carlos Zaidenberg		20
14:00	14:20	Discussion Plenary discussion of the case and the results from the presenting group	Simon Lambert		20
14:20	14:40	Closing remarks Summary, evaluation, and take-home messages	Martin Jaeger; Simon Lambert; Norbert Südkamp		20